



## HOW TO RAISE \$150 IN 7 DAYS

DAY	THE ASK	TOTAL PER DAY	GRAND TOTAL
1	Kick start your fundraising by adding a personal contribution of \$10.	\$10	\$10
2	Send an email to three friends asking for a \$10 donation. Ask them to take the Plunge with you!	\$30	\$40
3	Send an email to three of your favorite relatives asking for a \$10 donation.	\$30	\$70
4	Post on social media and tell your followers if they help you raise at least \$20 in one day, you'll let them pick your Plunge costume!	\$20	\$90
5	Ask two neighbors for a donation of \$10.	\$20	\$110
6	Ask five people at your favorite coffee shop, restaurant, or local community hang out spot for \$5.	\$25	\$135
7	Ask your best friend or partner for a \$15 donation. And, of course, ask them to join your Plunge team, too!	\$15	<b>\$150</b>

Asking for money can be hard but remember you're doing it for an amazing cause!

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